



# San Francisco FrontRunners Membership Form

Mail completed form to: SF FrontRunners, 2261 Market St #484A, San Francisco, CA 94114

Or register online <http://new.sffr.org/paypal/>

Questions? Contact [membership@sffr.org](mailto:membership@sffr.org) or visit [www.sffr.org](http://www.sffr.org)

**PLEASE PRINT**

## STEP 1: MEMBER INFORMATION

Circle One: • New Member • Renewing Member • Renewing Member with 2+ Year Lapse

**Renewing members: fill out only information that has changed:**

FIRST Name: \_\_\_\_\_ LAST Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City \_\_\_\_\_ E-Mail \_\_\_\_\_  
 State/Zip: \_\_\_\_\_ Birthday (MM/DD/YY): \_\_\_\_\_  
 Country: \_\_\_\_\_ Referred By (optional): \_\_\_\_\_  
 Business Title (optional): \_\_\_\_\_ Company (optional): \_\_\_\_\_

To be included in the **Photo Directory**, please send a picture to [photos@sffr.org](mailto:photos@sffr.org), or login to the SFFR site and upload a picture.

(Email the Membership Director at [membership@sffr.org](mailto:membership@sffr.org) if you forgot your password.)

Year of birth is for statistical purposes and will be kept confidential.

**Please Complete for Household Membership:**

Partner First Name: \_\_\_\_\_ Partner Last Name: \_\_\_\_\_  
 Partner Birthday (MM/DD/YY): \_\_\_\_\_ Partner E-Mail: \_\_\_\_\_  
 Partner Business Title (optional): \_\_\_\_\_ Partner Company (optional): \_\_\_\_\_

## STEP 2: MEMBERSHIP DUES

Circle the dues box below and Enclose a Check. (Make Checks Payable to "San FranciscoFrontRunners" or "SFFR"):

Membership Type	Renewing Member	New Member or Renewing Member with 2+ Year Lapse in Membership (Prorated)												
	Anytime	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Dec/2013
Individual	30.00	30.00	27.50	25.00	22.50	20.00	17.50	15.00	12.50	10.00	7.50	5.00	2.50	32.50
Household	45.00	45.00	41.25	37.50	33.75	30.00	26.25	22.50	18.75	15.00	11.25	7.50	3.75	48.75
Student / Senior (62+)	15.00	15.00	13.75	12.50	11.25	10.00	8.75	7.50	6.25	5.00	3.75	2.50	1.25	16.25
Hardship														
Senior Household (62+ / 62±)	22.50	22.50	22.50	20.63	18.75	16.88	15.00	13.13	11.25	9.38	7.50	5.63	3.75	42.50
Contributor	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00	96.00

FOOTWEB Announcements are available to everyone. Click on FOOTWEB link on the Home page: [www.sffr.org](http://www.sffr.org) OR log on to [www.sffr.org/footweb](http://www.sffr.org/footweb).

Make information available to other SFFR Members via the club directory. (Default to the asterisked* answer unless you specify otherwise.)	YES* NO
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## STEP 4: WAIVER

In consideration of accepting my membership in the San Francisco FrontRunners, I, intending to be legally bound, hereby for myself, my beneficiaries and personal representatives, waive and release any and all rights and claims for damages I may have, or may later accrue, against the San Francisco FrontRunners, its directors, officers, agents, representatives and successors and signs, for personal injuries and/or property damage that I may suffer in any events or activities sponsored by the San Francisco FrontRunners. I verify that I am physically fit. As part of this waiver, I acknowledge that I have read, understood and agreed to the above.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



# San Francisco FrontRunners – QUICK Membership Form

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**PLEASE PRINT**

## STEP 1: MEMBER INFORMATION

First Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Last Name: \_\_\_\_\_ Email: \_\_\_\_\_

### Household Membership Only – Partner Information:

First Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Last Name: \_\_\_\_\_ Email: \_\_\_\_\_

## STEP 2: MEMBERSHIP DUES (1 year)

### CIRCLE ONE:

◆ Individual - \$30 ◆ Household - \$45 ◆ Student/Senior/Hardship - \$15 ◆ Senior Household - \$22.50◆  
Contributor - \$96

Memberships are valid from 1/1/12 through 12/31/12. Use the full Membership form ( [www.sffr.org](http://www.sffr.org) ) after 12/31/11 for prorated dues, or to check on monthly prorated dues for new registrations that bridge a calendar year (e.g.: paying the remainder of 2011 plus the full 2012 dues.)

## STEP 3: PRESELECTED OPTIONS

Use the full Membership Form ( [www.sffr.org](http://www.sffr.org) ) if you would like to change any of the following options:

- Send club announcements to my Email address above
- Send notice of the monthly SFFR Webfoot announcements to my Email address above
- Make my personal information with photo available to other SFFR Members via the club directory
- *Note:* Footweb announcements are always available to members and guests by clicking on the Footweb link on the Home page or log on to [www.sffr.org/footweb](http://www.sffr.org/footweb) .

## STEP 4: WAIVER (SIGNATURE REQUIRED)

In consideration of accepting my membership in the San Francisco FrontRunners, I, intending to be legally bound, hereby for myself, my beneficiaries and personal representatives, waive and release any and all rights and claims for damages I may have, or may later accrue, against the San Francisco FrontRunners, its directors, officers, agents, representatives and successors and signs, for personal injuries and/or property damage that I may suffer in any events or activities sponsored by the San Francisco FrontRunners. I verify that I am physically fit. As part of this waiver, I acknowledge that I have read, understood and agreed to the above.

Signed: \_\_\_\_\_

Date:

Primary Member

Signed: \_\_\_\_\_

Date:

Partner – Household Memberships Only

## All Memberships Include:

- Invitation to all FrontRunners Events (including runs and social events).
  - o Member pricing (if applicable at all FrontRunner events)
- Discounts at local merchants in the San Francisco Area
  - o 10% off all items at Sports Basement and Psoas Bodyworks.
- Membership card
- Inclusion on the FrontRunner e-mail list.
  - o You will receive announcements about all the upcoming activities you can take part in.

## Individual

Any individual who wishes to join FrontRunners that is not currently a student or 62 years of age or older would choose the Individual membership plan.

## Household

Any household that wishes to join FrontRunners where each partner is not 62 years of age or older would choose the Household membership plan.

## Student / Senior (62+)/Hardship

Any individual who wishes to join FrontRunners that is currently a student or 62 years of age or older would choose the Student/Senior membership plan. Or any individual who is unemployed may also select this membership.

## Senior Household (62+/62 ±)

Any individual who wishes to join FrontRunners where at least one member is 62 years of age or older would choose the Senior Household membership plan.

## Contributor

Any individual who would like to support the Club through an extra contribution. In addition to the standard membership, contributors will get the following:

- Special mention in the Footweb and Webfoot
- 2 free pride run T-shirts to wear yourself or to give to friends and family (while supplies last, some sizes may not be available)
- Free entry to the Pride Run

## Webfoot Weekly

A weekly news announcement is emailed to all members.

## Facebook

You can also post to the SF FrontRunner group by sending an email to [sffrontrunners@groups.facebook.com](mailto:sffrontrunners@groups.facebook.com) .

The Facebook link is: <http://www.facebook.com/groups/sffrontrunners/>